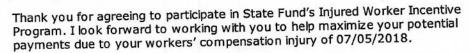
July 25, 2018





Studies have shown that the sooner injured employees return to work, the sooner they feel better. We are starting this program to help you heal, and to encourage you to establish and maintain an active and healthy lifestyle. During the recovery phase from your work related injury, I will be in frequent contact with you, your employer, and your primary treating physician, to help you achieve this goal. Being more active and practicing healthy habits positively affects your ability to return to work and recover from your injury. To support your recovery, State Fund is prepared to assist you in your efforts by supplying some fitness equipment which you or your physician may think would be helpful. Please let me know if we can assist in this area. Other benefits of this program are:

- 1. Return to Work: Once you are released by your doctor, with or without restrictions, and you return to work within 7 days, you may be eligible to earn \$1,000. This incentive is contingent upon you returning to work and continuing to work for at least 6 months or until your case is finalized by the Workers' Compensation Appeals Board.
- 2. Weight Management: If you maintain your pre-injury weight at the time of a full release to regular work or a release with permanent restrictions as determined by your primary treating physician you are eligible to receive \$500. If you are able to lose at least 5% of your pre-injury weight, you may be eligible to receive \$1,000.
- 3. Medical Treatment: You are expected to comply with your physician's medical treatment recommendations until you have reached Maximum Medical Improvement (MMI).
- If you fully comply by attending all your scheduled medical appointments, physical therapy, etc. you may be eligible to earn \$1,500.
- If you stay within State Fund's medical networks you may be eligible to receive
  1 000
- If you agree with your primary treating physician's findings, and resolve your case without the need for a medical-legal evaluation, you may be eligible for \$1,250.
- 4. Wellness: If you participate in State Fund's wellness program until your case is resolved, you may be eligible to receive \$500.

We look forward to teaming-up with you, your doctor and your employer to help with your recovery to get you back to work. In order to begin this program, please complete the attached form, sign it and return it to me in the postage paid envelope provided.

Do not hesitate to contact me if you have any additional questions about the program.

Ps: The cash rewards and any equipment purchased for Wellness participation are considered taxable income and recipients are responsible for any and all federal, state, and local taxes and fees which may be associated with their rewards or equipment. State Fund by law is required to report all rewards or equipment with a value of \$600 or more to the Internal Revenue Service by issuing you a form 1099.

State Fund has sole discretion in deciding recipients of incentives. State Fund's decision is final. State Fund recommends checking with your doctor prior to beginning an exercise program or changing exercise activities.

Sincerely

## Michael Trunnell

Michael Trunnell Wcca (951) 413-5957 mtrunnell@scif.com Fax: (707) 646-6010

Enc: IWIP of 07/23/2018 IWIP of 07/23/2018 Other Enclosure

